



OPA FIX PTE LTD

10 Kaki Bukit Road 1, #01-17 KB Industrial Building

Singapore 416175

Email: enquiry@askopafix.com

VITA 8522 9754

450 MM

600 MM

NOTICE

REGULATIONS FOR USE OF PUBLIC POOLS

- 1 All persons using the swimming pool must take a shower before entering the pool premises.
- 2 Any persons having an infectious or communicable disease is prohibited from using a public pool.
- 3 Persons having open blisters, cuts, etc., are advised not to use the pool.
- 4 Spitting, spouting water, blowing the nose or discharging bodily wastes in the pool is strictly prohibited.
- 5 Running, boisterous behavior, rough play or excessive noise is forbidden in the pool area, showers or dressing rooms.
- 6 Common towels, combs, brushes and drinking cups are prohibited. Private swim suits and towels should be cleaned and dried after each use.
- 7 No person may take food and drink inside the pool area.
- 8 All animals are not allowed in the pool area.
- 9 All children and non-swimmers must be accompanied by a parent or responsible adult supervisor.

THE MANAGEMENT RESERVES THE RIGHT TO REFUSE ADMITTANCE TO, OR EJECT FROM THE POOL PREMISES, ANY PERSONS FAILING TO COMPLY WITH ANY OF THE ABOVE HEALTH AND SAFETY REGULATIONS.

NOTICE BOARD

MATERIAL:

1MM THICK PVC WITH DIRECT VINYL

1.2MM THICK ALUMUNUM WITH DIRECT VINYL

600 MM

450 MM

WARNING

NO LIFEGUARD ON DUTY

Children Under the Age of 14 Years Old Shall Not Use The Pool Without a Parent or Adult Guardian in Attendance

SWIM AT YOUR OWN RISK

NO LIFEGUARD ON DUTY

600 MM

450 MM

EMERGENCY LIFESAVING TECHNIQUES

WITH CARDIOPULMONARY RESUSCITATION (CPR)

Lifesaving Techniques to Revive Victims of Drowning or Heart Attack

CALL

1. CALL
Check the victim for responsiveness. If there is no response, Call 995 and return to the victim. In most locations the emergency dispatcher can assist you with CPR instructions.

BLOW

2. BLOW
Tilt the head back and listen for breathing. If not breathing normally, pinch nose and cover the mouth with yours and blow until you see the chest rise. Give 2 breaths. Each breath should take 1 second.

PUMP

3. PUMP
If the victim is still not breathing normally, coughing or moving, begin chest compressions. Push down on the chest 1 1/2 to 2 inches 30 times right between the nipples. Pump at the rate of 100/minute, faster than once per second.

CHILDREN (1-8)

1. If you are alone with the child give two minutes of CPR before calling 995
2. Use the heel of one hand as for adults for chest compressions
3. Press the sternum approximately one-third the depth of the chest

INFANTS (>1)

1. Shout and tap - Shout and gently tap the child on the shoulder. If there is no response, position the infant on his or her back.
2. Open The Airway - Open the airway using a head tilt sitting of chin. Do not tilt the head too far back.
3. Give 2 Gentle Breaths - If the baby is NOT breathing give 2 small gentle breaths. Cover the baby's mouth and nose with your mouth. Each breath should be 1 second long. You should see the baby's chest rise with each breath.
4. Give 30 Compressions - Give 30 gentle chest compressions at the rate of 100 per minute. Use two or three fingers in the center of the chest just below the nipples. Press down approximately one-third the depth of the chest.
5. Repeat - Repeat with 2 breath and 30 compressions. After two minutes of repeated cycles call 995 and continue giving breaths and compressions.

EMERGENCY CALL 995

Other Emergency Facilities Call _____

C P R



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**Rust Free Heavy Aluminum,
Reflective, Waterproof,
Weatherproof and
Fade Resistant**



Smart Sign
20 x 30 cm
(Aluminum)



T&R No Lifeguard
On Duty Sign
14 x 10 inch (Aluminum)



Sign Warning
No Lifeguard On Duty
18 x 24 inch (Aluminum)



Pool Rules Sign
10x14 inch (Aluminum)



Depth Marker 1.20 m
(24.1 x 11.4 cm)



Depth Marker 1.2^M
(14.7 x 14.7 cm)